



## **ACTIVITY CONFIRMATION**

*<< Junior Aerobics >>*

### **Junior Aerobics Schedule**

*Monday - Thursday*

AM Activity Session

Class: 11:00 - 12:30 pm

PM Activity Sessions

Rotation #1: 3:00 - 4:00 pm

Rotation #2: 4:10 - 5:10 pm

*Friday*

AM Activity Session

Class: 11:00 - 12:30 pm

PM Activity Sessions

Super Big Event: 3:10 - 5:00 pm

Our Junior Aerobics class will teach your young campers how to work out and have fun while doing so. Loose clothes or workout clothes are advisable.